

2010 - 2011 Romeo High School Bowling

Equipment Recommendations



Type	Equipment	Entry Level	JV Minimum	JV Competitive	Varsity Minimum	Varsity Competitive	*New Price Range From - To		
Ball	House ball	Optional	No	No	No	No	\$ -	\$ -	
Ball	Plastic / Euethane bowling ball - shiny - used for making spares	Pick 1	Optional	Yes	Yes	Yes	\$ 50	\$ 75	
Ball	Entry Level Reactive ball with weak core - pearl or shiny cover for mid-light oiled lanes		No	No	No	\$ 50	\$ 100		
Ball	Entry Level Reactive ball with weak core - dull cover for mid-heavy oil lanes		No	No	No	\$ 50	\$ 100		
Ball	Mid Reactive ball with strong core encouraging early-lane reaction on med-heavy oil patterns		Pick 1	Pick 1	Pick 2 - 1 Early or Mid Reaction, and 1 Late Reaction	Pick 2 - 1 Early or Mid Reaction, and 1 Late Reaction	Pick 3 - 1 Early, 1 Mid, and 1 Late Reaction	\$ 100	\$ 150
Ball	Mid Reactive ball with strong core encouraging mid-lane reaction on med-heavy oil patterns							\$ 100	\$ 150
Ball	Mid Reactive ball with strong core encouraging late-lane reaction on med-heavy oil patterns							\$ 100	\$ 150
Ball	Premier / Pro Grade - Reactive ball with advanced core encouraging early-lane reaction on med-heavy oil patterns							\$ 125	\$ 200
Ball	Premier / Pro Grade - Reactive ball with advanced core encouraging mid-lane reaction on med-heavy oil patterns							\$ 125	\$ 200
Ball	Premier / Pro Grade - Reactive ball with advanced core encouraging late-lane reaction on med-heavy oil patterns							\$ 125	\$ 200
Shoes	Rental		Yes	No	No	No	No	\$ -	\$ -
Shoes	Entry Level - same shoes are designed for both right and left hand use	Yes	Yes	No	No	No	\$ 25	\$ 50	
Shoes	Advanced - slide sole on slideing foot only and prefer rubber on push off foot for more power.	Recom-mended	Recom-mended	Yes	Yes	Yes	\$ 50	\$ 75	
Shoes	Premiere - slide sole on only one foot, slide soles and heels can be changed depending on approach, push off sole is rubber for more power.	Optional	Optional	Optional	Optional	Recom-mended	\$ 75	\$ 140	
Aides	Bowlers tape	No	Yes	Yes	Yes	Yes	\$ 5	\$ 5	
Aides	Bowling Towel	No	Optional	Recom-mended	Recom-mended	Recom-mended	\$ 5	\$ 5	
Aides	Bowling Wrist Support	Optional	Optional	Optional	Optional	Optional	\$ 5	\$ 25	
Aides	Abralon Pad(s) for adjusting surface of bowling ball	No	No	Optional	Optional	Recom-mended	\$ 5	\$ 10	
Note-book	Taking notes to improve game. During practice and after matches.	No	Yes	Yes	Yes	Yes	\$ 5	\$ 5	